



LMS SKI & SNOWBOARD CLUB



1. GET READY for 2010-2011 SKI/SNOWBOARD SEASON

The Hempfield School Ski/Snowboard Club advisors have worked hard to bring students and their families an inexpensive ski/snowboard program. The trips will be held on the following **Sundays: Jan 2nd, 9th, 16th and 23rd**. All busses will leave from Centerville Middle School at 2:30 PM, enabling the club to start earlier & return home earlier on a less crowded night. There is a four-session program, called the Multi Visit Card (MVC) or a night season pass program, called the Night Club Card (NCC) available for purchase. An Advantage Card may also be purchased with either program. **Any missed sessions must be made up this 2010-11 ski season. If you miss a trip, bus transportation cost cannot be refunded. The total cost of the four bus trips this year is \$ 30 and is included in all package prices. In addition, cost of all packages are lower than the cost last year.**

Running a club of this size and nature requires a great deal of time and is an enormous responsibility. With this in mind, we are limiting the number of participants by taking only one bus per middle school. Bus space will be filled on a first-paid basis starting on & not before **Tuesday, October 12 and continuing until Thursday, October 14.** Deadline for all paper work is Friday, October 15.

2. LEARN TO SKI OR SNOWBOARD AND HAVE FUN

This offer is good to any middle school student, both skiers and snowboarders. Last year over 60% of our participants were beginners or first timers. Do not get the feeling that everyone else is an expert and you are the only beginner. Other family members may also participate however bus transportation is only offered to Centerville and Landisville students. The advisors believe this will be a great way for students and their families to learn to ski/board properly at the least expensive rate. Advanced lessons will be offered to those with experience. Whether the student is new to the sport or advanced, the program will provide much fun and fellowship with other students. The instructors guarantee that beginners will have the ability to ride the quad chair on the beginner slope before the end of the first night.

3. PROGRAMS: 2 Programs with many options

A. MULTI VISIT CARD (MVC)

This is a 4-session program known as a MVC. If a student misses a scheduled trip, his or her MVC may only be used after the first scheduled bus trip and then any evening after 4:00 PM or any time during a nonholiday weekday, and **ONLY** at Ski Roundtop. The listed program cost includes the bus transportation cost of \$ 30 for our 4 scheduled trips.

B. NIGHT CLUB CARD (NCC -an after 4:00 PM Season Pass)

Once again this year Ski Roundtop will offer a night season pass called a **Night Club Card**. **Starting January 2, 2011 you may ski or board as many times as you like, any night after 4:00PM, including ALL holidays nights** (on Sundays you may start at 3:00pm). Your NCC may be used at Ski Roundtop, Ski Liberty & Whitetail. This program also includes the bus transportation cost of \$ 30 for our 4 scheduled trips.

Additional Options: (for both MVC or NCC)

- 1. An Advantage Card (worth \$119)** is an add on which is available for both programs. This allows the owner to purchase lift, lessons & rentals at 40% off the window price **ANY TIME**, holidays and Christmas vacation as soon as you receive the card from your advisor. Every 6th time you use your Advantage card add on, you'll receive a **FREE 8 hour lift ticket!!** Advantage cards are good at Ski Roundtop, Ski Liberty & Whitetail and for special discounts at Stratton Mountain, VT. **This add on for the MVC costs \$25 and for the NCC add on costs only \$20.**
- 2. A Protection Policy**, a prorated reimbursement in the event of injury or sickness, can also be added for **\$8.00. Under no circumstances will Ski Roundtop issue credit (no refunds) unless this option is purchased.**

****NOTE: Ski Roundtop will charge \$25 for any program changes after October 29, 2010.**

Example: A student signs up for the Lift, Lessons & Rentals and receives ski/snowboard equipment for a Christmas present. The student no longer needs rentals so in order to receive a credit of \$40 he/she must forfeit \$25 of that credit toward this fee. The student would then receive \$15 of credit, not cash.

Other family members & friends are welcome but must provide their own transportation and must sign up through a local ski shop to receive the same discounts. Neither the advisors nor Hempfield **will** be held responsible for other family members involved in these programs. Children 3 & under will take special lessons with the "Children's Learning Center". Check with Ski Roundtop, Children Learning Center, 432-9631, for further information or visit their web site, www.skiroundtop.com to find a local shop offering multi-visit or night club cards.

Visit the Hempfield Ski & Snowboard Web Site at <http://skiandboardclub.wikispaces.com/> for more information and announcements.

4. TRANSPORTATION, TIME & DATES:

Regardless of the package selected, our club will provide transportation for ONLY FOUR evening trips to Ski Roundtop (Jan 2nd, 9th, 16th and 23rd). If cancellations occur, trips will be rescheduled at a later date, which may occur on Sunday or a Saturday. For those students interested in lessons, either FOUR or an unlimited amount will be provided depending on the type of package purchased.

The middle school and high school busses will leave from the front of Centerville Middle School at **2:30PM SHARP**. We will begin skiing/snowboarding at 3:45 PM and should be ready for our lessons at 4:30PM. Parents MUST be at Centerville by 10:00 PM SHARP to pick up their children. Parents, Be Aware & Please Don't Be Late!! School rules are in effect while students are on our trips. If you are assigned ISIP during school, you will be omitted from the next trip. If you are suspended out of school at any time during the year, you will lose all privileges for all trips. In addition, out of school suspension may result in loss of some or all of your money. If any problems occur on a trip, the advisors have right to revoke any & all privileges of that student.

5. LESSON INFORMATION:

In order to decrease the number of injuries on the slopes, **ALL SKIERS AND SNOWBOARDERS ARE REQUIRED TO TAKE LESSONS UNTIL THEY HAVE SUCCESSFULLY COMPLETED LESSON 6.** At this point, the student has the option of not taking a lesson providing their parents agree with a signed permission form, which is available from Mr. Willman. This allows the participant to ski/board all slopes at Ski Roundtop as long as they are not using Roundtop's rental equipment. Group lessons only last approximately 1 hour. **Remember, you must take lessons until you have successfully completed Level 6, which will be determined by Ski Roundtop instructors. If you are not sure whether they have reached this level, put your mind at ease, be safe not sorry & sign them up for lessons.** If any student not at this level fails to take a lesson, he or she **WILL LOSE ALL PRIVILEGES AND NOT BE PERMITTED ON THE BUS FOR THE FOLLOWING TRIP. PLEASE TAKE NOTE!!** Your child's safety is our concern. Four lessons through our program cost \$40, but if you have to buy one lesson at Ski Roundtop it will cost you \$37. Note: If you have never skied or snowboarded before, it will take you approximately 8 lessons with practice to reach level 6.

The class levels listed below have been designed to place skiers and riders of similar abilities into a class best suited to their needs. If you are not sure of your class level, please ask an instructor.

Level 1- First time on skis or snowboard.

Level 2- Ski: Skis in a cautious wedge. Able to turn, stop and control speed.

Board: Able to do a skidded traverse in both directions and stop.

Level 3- Ski: Makes linked round wedge turns in both directions on easiest trails.

Board: Beginning to make direction changes.

Level 4- Ski: Tails of skis parallel at some point in turn. Skis easiest trails with confidence.

Board: Turns both directions with speed control. Working on linking turns.

Level 5: Ski: Skis in a wide stance parallel on easier intermediate trails.

Board: Links skidded turns with good speed control, shape and rhythm.

Level 6- Ski: Skis in a narrow parallel stance on smooth intermediate and advanced trails. Uses pole touch comfortably. Must be able to stop in a second's notice.

Board: Comfortable doing skidded turns in control on smooth intermediate trails. Beginning to carve trails. Must be able to stop in a second's notice.

Level 7- Ski: Makes rhythmic, open stance parallel turns with pole touches.

Board: Rides all intermediate trails in control. Fine tuning carved turns and seeking more challenging terrain including bumps.

Level 8: Ski: Carves parallel turns on expert trails.

Board: Carves turns and is refining skills on variable snow conditions and terrain.

Level 9: Ski: Strong parallel skier on most terrains

Board: Can ride entire mountain in control.

Level 10: Ski: Skis with confidence on all terrain and any snow condition.

Board: Rides with confidence on all terrain and any snow condition.

Visit the Hempfield Ski & Snowboard Web Site at <http://skiandboardclub.wikispaces.com/> for more information and announcements.

6. CHALLENGE OF SKIING:

Alpine skiing is a recreational activity that continually challenges the human spirit. Natural and man-made obstacles are part of the challenge of man against the mountain and the elements, but collisions with other skiers and objects can cause permanent, catastrophic injury or death. To enjoy skiing, you must know and be willing to accept the limits of your ability. **If any student is skiing on a slope beyond their ability or a friend persuades them to ski on a slope above their ability, both will lose their skiing privileges.** The instructors, ski patrolmen & club advisors will enforce this. Use caution and have fun. Changing weather and snow conditions, as well as natural and man-made obstacles are part of the challenge. Snowmaking and trail grooming activities are routinely in progress on the slopes and trails, so be prepared. Your safety will be directly affected by your judgement.

Skiing also challenges your physical condition and may cause stress. Ski areas suggest a skier have a physical examination before skiing to determine whether he or she is physically capable of skiing.

While we want skiing to be a safe endeavor, injuries sometimes do occur. **The Hempfield School District and advisors will not be held responsible for injuries or for theft of equipment from those involved in this program.** To reduce injuries we **recommend** the students wear helmets and **require** them to ski or board with a buddy of their ability. If an accident occurs which requires hospitalization, the advisors will not be able to accompany the injured to the hospital. **Any necessary transportation from the hospital will be the responsibility of the parent or guardian.** When not using your equipment, theft may be eliminated by locking your skis/board or checking them at Roundtop's free hospitality station when it is in operation. Anyone bringing their own or leased equipment on the bus **must have a ski lock or plan on locking them in coin operated lockable racks at the slopes.** By signature, this disclaimer is accepted by each parent or guardian and student.

7. TO WEAR A HELMET OR NOT

There has been much controversy over the past few years on the wearing of ski & snowboard helmets. Are they worth the cost, appearance and some say inconvenience to obtain the protection that they provide? I cannot answer that question for you or your child, but I will give you my opinion.

Six years ago, since we began recommending the wearing of helmets, we have had no head injuries for students who have been wearing helmets at the time of an accident. We have had students with concussion injuries and all of them were not wearing helmets when their injury occurred. For more information on helmet use check out www.lidsonkids.org. Ski Roundtop and many local ski shops sell helmets. They are worth the investment.

8. LIABILITY RELEASE FORM:

Ski Roundtop requires that every student or adult enrolled in this program complete a release form before participating on their first trip. You will get your Release Form when your payment & application have been submitted. Please complete and return the four-page duplicate of the Release Form the following day after receiving it from the Ski Club Advisor.

8. MVC, NCC & ADVANTAGE CARD:

You **MUST** provide Ski Roundtop with ONE of your wallet size pictures (no smaller than 1 ½" X 2") for any of the packages purchased. Paper clip the picture to your application form (**Do not staple**). **On the back of the picture print in ink your name and HHS plus LMS. EXAMPLE: JOHN SMITH, HHS/LMS**

9. REMEMBER:

Return Student Application with a picture attached and payment for the appropriate amount starting on the date below. If application and check is not filled out properly the student's reservation may be in jeopardy. Busses will be filled on a first-paid first served basis, approximately one bus per middle school.

**For Landisville Middle School, Mr. Willman will start accepting payments and forms
on & not before Tuesday morning October 12, 7:00 AM in room 128.**

DO NOT place the payment & application in Mr. Willman's mailbox. Instead, make sure you return them in person. Failure to follow directions by parent or student will jeopardize the student's bus reservation. The deadline for all payments & forms is Friday, October 15, 2010. Submission after this date jeopardizes your spot in this club. Checks must be made payable to Landisville Middle School. There will be more information sheets to come, so listen very carefully for additional announcements about our trips. Keep this information packet in a safe place so both parent and student may review it when necessary.

Thank you for reading & discussing this information with your child.
Your help is greatly appreciated!

If you have questions about any aspect of this program, please feel free to contact me at 898-5580 (ext 2212) or via e-mail at dave_martin@hempfieldsd.org.
Think Snow!!

Dave Martin, CMS/LMS Ski & Snowboard Advisor

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